



*Promoting a Just, Self-reliant  
and Value Based Society.*

ANNUAL  
REPORT

January – December 2019

2019





**9** 9 Ongoing projects



**779,795**

779,795 Beneficiaries alongside whom we have worked over the last 5 years



**92** 92 Cents of every dollar we receive is spent to implement activities



**1979**

1979 - The year activities started





*Bishop David Kamau and other Caritas Nairobi board members celebrating achievements*



*Sr. Modesther Karuri Deputy director Caritas Nairobi unveiling Womens' Economic Empowerment-PROMIC Guidelines*

## OUR MISSION

A Just, Self-Reliant and Value Based Society.

## OUR VISION

Inspired by Catholic Social Teachings, we work with local communities to promote integral human development.

## CORE VALUES

Our work is grounded in Catholic Social Teaching, which stresses the dignity of each person and their inalienable human rights, along with their responsibilities, regardless of culture, ethnicity, gender or religion. This belief in the unity and diversity of humankind is the basic value we bring to what we do.

- Stewardship

- Solidarity
- Human Dignity
- Justice
- Integrity

## PRINCIPLES

- Innovation
- Accountability
- Empowerment
- Partnership
- Professionalism

## OUR HISTORY



Caritas Nairobi is the aid and social development arm of the Archdiocese of Nairobi (ADN). Known previously as the Archdiocesan Development Office of Nairobi (ADO), Caritas Nairobi is in charge of the apostolate for human development.

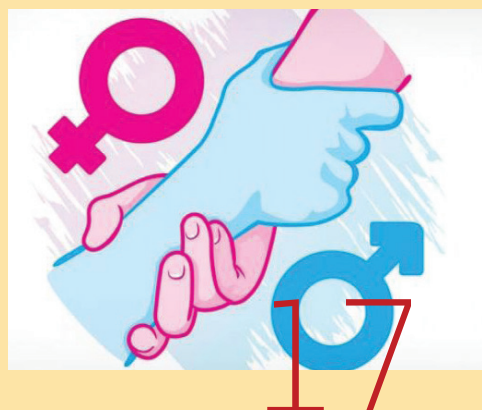
The office was established in 1862 and re-established in 1973 as the Catholic Action Office by His Eminence, the late Maurice Michael Cardinal Otunga, following a decree of Vatican II. Between inception and 1979, the office focused on formation of Small Christian Communities as an axis of development activities in the parishes. This focus shifted in early 1980s, to training leaders of various church groups and Small Christian Communities. This trend has continued and the results have been overwhelming.

The Archdiocese of Nairobi covers 2 counties i.e. Nairobi and Kiambu which are then divided

into twelve deaneries. It occupies a land area of 3,721 sq. kilometres and has a population of 5 million, with a Catholic population of 1.6 million people (40 per cent). It also has 116 parishes and numerous Christian communities. Since

the establishment of the development office, personnel have increased quantitatively and qualitatively.

The ADO transformed to Caritas Nairobi in December 2008 in line with the Caritas Internationalis Family which emphasizes "Christian love and charity" and also to enable the office respond to some of the challenges facing ADN. These challenges include the escalating poverty, HIV pandemic, drug abuse, and breakdown of family ties. The role of Caritas Nairobi is to ensure the fulfilment of the mission of Christ. This is done through designed programmes and projects to alleviate human suffering enhance social justice and call people to self-consciously reflect on the challenges of the Gospel and social teachings of the Church. The office will also propagate the vision and mission of ADN.





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Equipping boys for fatherhood



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In solidarity with the hungry

## ACRONYMS

<b>ADN</b>	Archdiocese of Nairobi
<b>ADO</b>	Archdiocesan Development Office of Nairobi
<b>AGM</b>	Annual General Meeting
<b>AIDS</b>	Acquired Immunodeficiency Syndrome
<b>AISPs</b>	Artificial Insemination Service Providers
<b>ALAGM</b>	All Leaders Annual General Meeting
<b>ATMs</b>	Automated Teller machine
<b>AYEP</b>	Archdiocese Youth Empowerment Program.
<b>BCC</b>	Behaviour change communication
<b>BCC</b>	Behaviour Change Communication
<b>BOD</b>	Board of Directors
<b>CBOs</b>	Community Based Organizations
<b>CEDAW</b>	Convention on the Elimination of All Forms of Discrimination against Women
<b>CHV</b>	Community Health Volunteer
<b>CHV</b>	Community Health Volunteer
<b>CJPC</b>	Catholic Justice and Peace Commission
<b>CMA</b>	Catholic Men Association
<b>CN</b>	Caritas Nairobi
<b>CORPS</b>	Community own resource persons
<b>CRS</b>	Catholic Relief Services
<b>CRS</b>	Catholic Relief Services
<b>CSO</b>	Civil Society Organization
<b>CSR</b>	Corporate Social Responsibility
<b>ED</b>	Executive Director
<b>FMP</b>	Forced Migration Programme
<b>HIV</b>	Human Immunodeficiency Virus
<b>ICEA</b>	Insurance Company of East Africa Limited
<b>ICPAK</b>	Institute of Certified Public Accountants of Kenya
<b>ICT</b>	Information Communication Technology
<b>IEBC</b>	Independent Electoral and Boundaries Commission.
<b>ILO</b>	International Labour Organization
<b>KDP</b>	Kiambu Dairy Project
<b>KES</b>	Kenyan Shillings
<b>MRC</b>	Mombasa Republican Council
<b>MRC</b>	Mombasa Republican Council
<b>NGOs</b>	Non-Governmental Organizations
<b>OCS</b>	Officer Commanding Police Station
<b>OVC</b>	Orphans and Vulnerable Children
<b>P.A</b>	Per-annum
<b>PECC</b>	Parish Ecumenical Consultative Committees
<b>PLWHA</b>	People Living With HIV AIDS
<b>PMC</b>	Pontifical Missionary Childhood
<b>PROMIC</b>	Promotion of Micro-Enterprises
<b>PwD</b>	People with Disabilities
<b>SCRR</b>	Shalom Center for Resolution and Reconciliation
<b>SDGs</b>	Sustainable Development Goals
<b>SDP</b>	Social Development Program.
<b>SIYB</b>	Start and Improve Your Business
<b>SMS</b>	Short Message Services
<b>UNHCR</b>	United Nations High Commissioner for Refugees
<b>YCTC</b>	Youth Correction and Training Centre
<b>YREP</b>	Young Refugees Empowerment Programme



# 1 SECTION 1

## AN OVERVIEW OF CARITAS NAIROBI

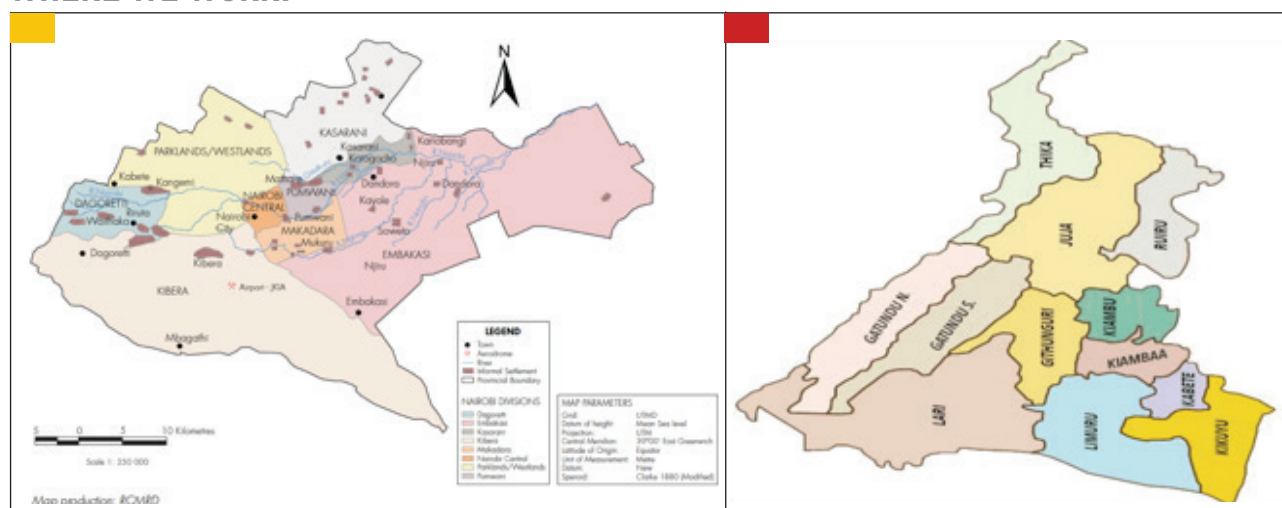
### ABOUT US

#### 1.1 ABOUT CARITAS

Caritas Nairobi is the aid and development agency of the Catholic Archdiocese of Nairobi. Caritas is an ordered service to the community and is inspired by Gospel values and the Catholic Social Teachings, to respond to disasters, promote integral human development and advocate on the causes of poverty and conflict. Caritas Nairobi is headed by the Archbishop of Nairobi and registered as a Charitable Trust. Governance is through a two-tiered system of a lay board of directors and religious trustees.

Guided by the principles of the Second Vatican Council, Archbishop Maurice Michael Cardinal Otunga setup the Archdiocese Development Office (1973) to inspire Catholics to respond to the social issues of the time. From the start, the development office provided direct support to those in need in the Archdiocese, including; people displaced due to political violence in Kenya in the 80s, 90s and the 2000s, refugees from Rwanda, Congo and also Somali refugees fleeing ethnic violence over the same period, people living with HIV/AIDS, and Kenyans hit by the cycle of drought over the last 30 years. Across the Archdiocese, the development office continued to intervene and reach out to those in need.

#### WHERE WE WORK: ■ Kiambu County ■ Nairobi County



(Left) Administrative Map of Nairobi County. (Right) Administrative Map of Kiambu County

The ADN covers 2 counties i.e. Nairobi and Kiambu, which in turn divided into thirteen (13) deaneries, 113 parishes. The ADN occupies a land area of 3,938.6 sq. kilometres and has a population of 5 million. Out of these population, which is cosmopolitan and having numerous Christian communities, the Catholic population is 1.6 million people (representing 40 per cent of the entire population).

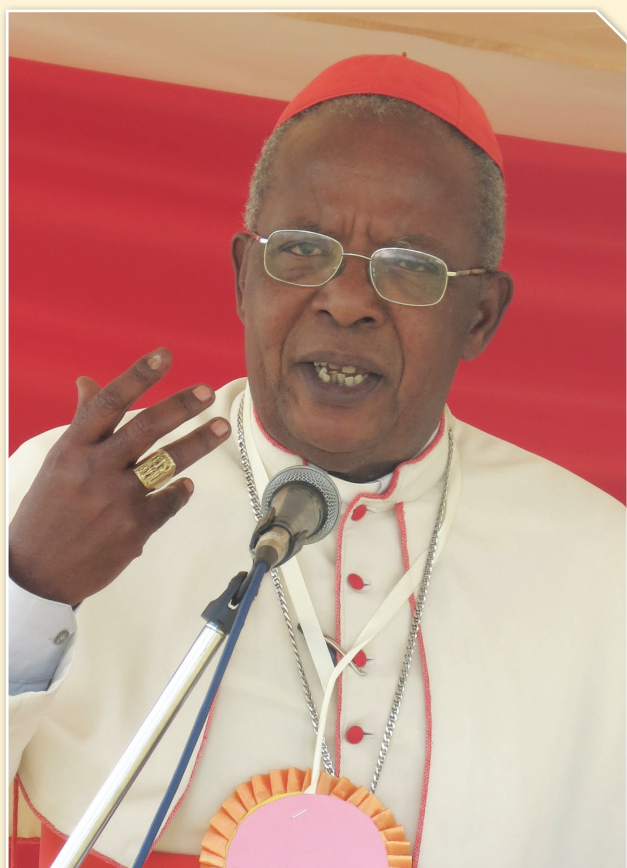
### OUR MANDATE

Caritas Nairobi has been mandated by the Catholic Archdiocese of Nairobi to co-ordinate and implement aid and socio-economic development programmes within the Archdiocese. It does so through the strong church structures from deaneries, parishes, outstations up to Small Christian Communities called jumuiyas.

## OUR LEADERS

### PATRON

BOARD MEMBERS/TRUSTEES		
NAME	POSITION	DATES ACTED
His. Eminence John Cardinal Njue	Chairman	2019
His. Lordship Bishop David Kamau	Member	2019
Mr. Patrick Kinyori	Member	2019
Prof. Mwangi Peter Wanderi	Member	2019
Mr. Riunga Raiji	Member	2019
Fr. Emmuel Ngugi	Member	2019
Mrs. Joan Mac'odawa	Member	2019
Mrs. Regina Kamau	Member	2019
Sr. Mary Mbaci	Board secretary	2019
Sr. Modesther Karuri	Member	2019



His Eminence John Cardinal Njue



His Lordship Bishop David Kamau



## CARITAS SECRETARIAT



**Sr. Mary Mbaci**  
Executive Director



**Sr. Modesther Karuri**  
Deputy Director  
(Administration and  
Operations)



**Mr. Micheal Mungai Kiburi**  
Deputy Director  
Programmes



**Ann Gatere**  
Finance manager



**Mr. Abel Nyarang'o Omariba**  
MEAL Coordinator



**Mr. Erick Gichobi**  
Economic Empowerment  
programme coordinator



**Mr. Timothy Njeru**  
Food security Water and  
Environment programme  
coordinator



**Mrs. Maryann Sambigi**  
Capacity Building and  
Gender Programme  
Coordinator



**Mr. Eric Njoroge**  
Resource Mobilization  
Coordinator

## 2 SECTION 2 GOVERNANCE

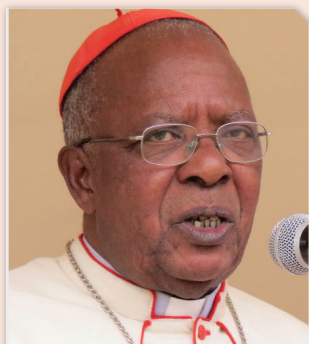
### STRUCTURE & MANAGEMENT

Caritas Nairobi is governed by a Board of Directors (BOD) appointed for a three years term of office. It is run on day-to-day basis by an Executive Director (ED) who is duly appointed by the Archbishop of Nairobi, who is also the Chairman of the Board. Caritas Nairobi has a support department of Administration and Management, and five (5) other broad based programs. These are: Economic Empowerment (Self Help), Food Security, Water and Environment, Gender and Youth Development, Capacity Building and Relief and Charitable Centres.



*His Eminence John Cardinal Njue with Some Caritas Management members*

### BOARD CHAIR'S MESSAGE



#### Dear Fellow Shareholders,

We are steadfast in our commitment to building and protecting the long-term value of Caritas Nairobi. Looking back on my first year as chair of Caritas Nairobi Board of Directors, I am encouraged by the progress the organization and our board

have made as we build a better structure for the future.

I take cognisance of the tireless efforts of our management team led by Sr. Mary Mbaci the director. Her effort with the support of the board has been driving sustainable and transformational change at the organization and the community we serve. She has pulled together strong management team that blends with the church doctrines with wide experience and talents. There has been clear

communication, which has revealed the comprehensive changes we are making across the Archdiocese of Nairobi and strengthened our governance and oversight as well as operational and compliance risk management with different community groups that we work with.

The board members on the other hand have brought important experience in several areas, including financial services, project planning and management, administration among many other disciplines.

We do not take our strengths for granted. We intend to continue to strengthen service delivery, streamline programmes and simplify operations, and innovate responsibly so we can build on our strengths. The goal of all these efforts is to become even more people-centred, innovative, and better positioned for the future — creating long-term value for our shareholders.

***His Eminence Cardinal John Njue***  
*Chairperson Caritas Nairobi Board*





**Sr. Mary Mbacki**  
Director, Caritas Nairobi

## DIRECTOR'S FORWARDING REPORT

As the professional, social and development arm of the Catholic Church, Caritas Nairobi aims to see its vision of 'A Just Self-Reliant and Value Based Society' come to pass. We offer a holistic approach involving a range of cross-cutting interventions that are essential to address the problems of the poor or people living in remote, pre-urban, urban and areas. Through collaborative effort with various like-minded organizations - locals and worldwide we build local capacities to provide livelihood services in the areas of Food security water and Environment, Economic Empowerment, Relief and Charitable Homes, and Gender and Youth Empowerment.

2019 was also a Caritas Nairobi year in terms of growth. Being the first year of our 2019-2023 new strategic plan implementation, we registered a 41% growth both in terms of beneficiaries and budget. Growth is essential for our mission, so we subjected ourselves to re-organisation to strengthen our management and support systems to ensure we can do it sustainably and responsibly.

Food security in Kenya declined more than anticipated during 2019 due to below-average rains March-May, followed by substantial rainfall and devastating flash floods in the last quarter of the year. Despite national efforts to improve the overall efficiency of food systems and resilience of communities to climatic shocks, more than 2.6 million people were food insecure by mid-year.

It's good to note that we have focused quite some resources to strengthening operational and risk management so that we are able to provide our beneficiaries timely and quality services at their convenience. Although we are devoting a significant amount of resources to these efforts, we also have been delivering on our ongoing cost-reduction initiatives. Expense savings from simplifying and centralizing operations help fund our investments in areas such as risk management and technology.

Kenya has been stricken by various disasters. The most dominant disasters being; droughts, floods, fire, terrorism, technological accidents, diseases and epidemics that disrupt people's livelihoods, destroy the infrastructure, divert planned use of resources, interrupt economic activities and retard development.

Kenya is a highly drought prone country, because of its peculiar eco-climatic conditions as only about 20% of the territory receives high and regular rainfall. The rest, i.e. 80% of the territory, is arid and semi-arid lands where annual rainfall varies from 200 to 500 mm, and periodical droughts are part of the climate system.

In recent years, Kenya experienced severe droughts, associated with major food crises, the latest being year 2016. This trend has recurred in this year 2019. The dry weather experienced in Kenya in the 1st Quarter of year 2019 has been attributed mainly to the underperformance of the October November December 2018 short rains in all parts of the country. As a result, many water sources dried up, pastures were depleted, and migration of animals and humans in search of water and pasture was observed especially in the ASAL areas.

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formance of the October November December 2018 short rains in all parts of the country. As a result, many water sources dried up, pastures were depleted, and migration of animals and humans in search of water and pasture was observed especially in the ASAL areas.

Caritas Nairobi will seek to advance the opportunities for women, men and youth to obtain decent and productive work through financial inclusion, entrepreneurship and economic empowerment programmes. Working with and impacting over 185,000 peoples' lives across Kiambu and Nairobi Counties through Self-help Model, Our Economic empowerment program initiative has seen establishment of over 23,073 small and medium businesses across Nairobi and Kiambu counties including the informal settlements in various towns. Our self-help Share capital is now approaching approximately 6.8 billion in all the 192 self-help groups in our parishes across the archdiocese of Nairobi.

The Beacon Boys Program (BBP) is a product of an already established men program known as Social Development Program (SDP), BBP's intention was to ensure a

seamless transition of the boy child from childhood into adulthood. Though started in 2017 with an initial 14 Parishes and 1535 boys to start the pilot Program in 2018, there were 46 Parishes on board by the end of 2019, reaching out to more than 3500 boys.

On PROMIC program, there has been increased community empowerment savings and credit to promote self-reliance and poverty eradication. As at 2019, the share capital for the women groups had accumulated up to Kse 40,271,165 from Kse 37,319,551 the previous year 2018.

The much that we have been able to achieve, will not have been possible if it were not for the networking, collaborations and viable partnerships that we have had with various organizations, institutions and the community at large. I therefore specially appreciate our partners' support and hope for a more productive year ahead 2020.

God bless

**Sr. Mary Mbaci**

*Executive Director, Caritas Nairobi*

“Our society has an obligation to invest now to improve the lives of all those coming into this world, not just those already here.”

Mark Zuckerberg:



# 3 SECTION 3

## OUR 2019 ACHIEVEMENTS

### I. ECONOMIC EMPOWERMENT (SELF-HELP) PROGRAM



#### Economic Empowerment in Caritas Nairobi

Caritas Nairobi believes that Economic empowerment is an initiative that allow poor people to think beyond immediate daily survival and to exercise greater control over both their resources and life choices. For example, it enables households to make their own decisions around making investments in health and education, and taking risks in order to increase their income.

Through our combined three decades of experience implementing and assessing community Economic Empowerment Programs in partnership with the local vulnerable people, churches and corporates, we have

observed that economic empowerment can strengthen vulnerable groups' participation in the decision-making. For example, Self-Help groups have been shown to bolster women's influence within the household, marketplace and church areas. The evidence also suggests that economic power is often easily converted into increased social status or decision-making power.

The literature on economic empowerment is vast, and a large part of this focuses on the economic empowerment of women – a key strategy in addressing gender inequality. More generally, the discourse on economic empowerment centres around four broad areas:



#### Solutions Self Help Program offer to the our people

- Self-help groups exist within local communities for people with dire financial needs and their family members.
- Self-help group members develop knowledge and skills that enable them to become contributors in their families and communities.
- People with dire financial needs and their family members are able to access mainstream self-help groups that are available to other members of the community.
- Self-help groups promote small businesses, and members become involved in the planning, starting and implementation of small and medium businesses.
- Self-help groups join together to form partnerships and become self-sufficient.

### How do we build and Promote self-help groups structures through Capacity building?

Capacity building is a continuous effort of Caritas Nairobi's Economic Empowerment program. The self-help groups (SHG) are provided support on financial Management, Members Trainings, bank linkage, Strategic planning, Farmers Training, Staff training, Professional trainings, research and Development Promotions among others. Additionally members are trained basic rules and regulations governing self-help in line with the provided guidelines, writing of minute books, administration policies and requirements, maintenance of book of accounts, scheduling of meeting, methods of savings, lending money to group members, borrowing and repayment of loans.

Capacity building component therefore has continued promoting social and microenterprise knowledge and skills to 10,000 beneficiaries within the Archdiocese of Nairobi through promotion of research and development in microenterprise development initiatives and enhancing the capacity of 2,000 Group leaders in leadership and management.

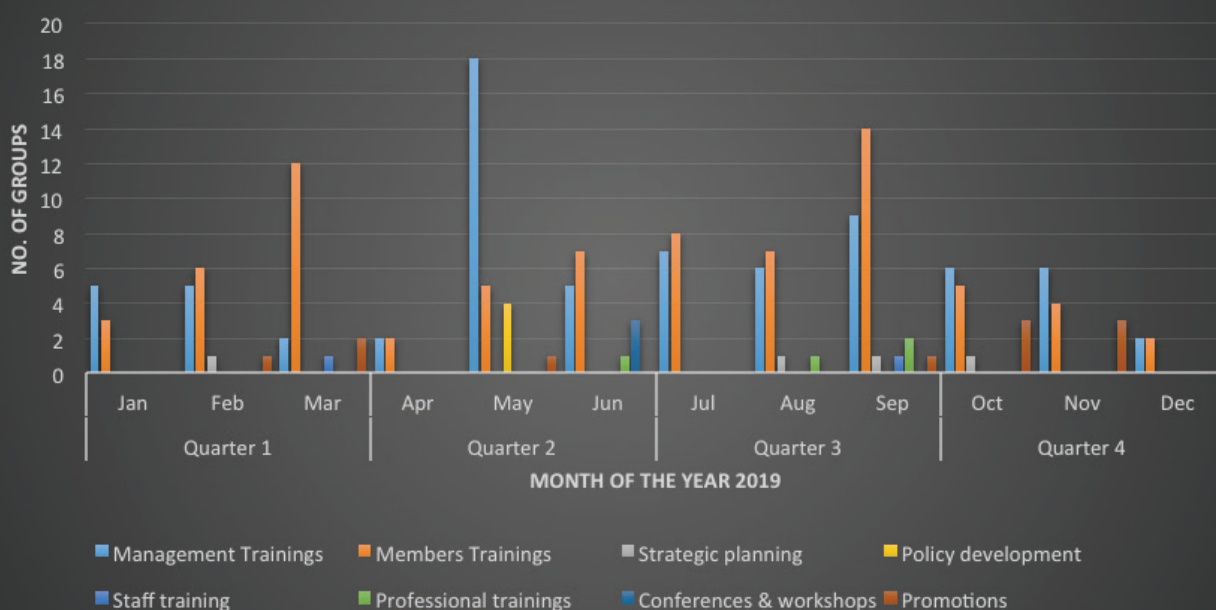
During the years under review we trained 1304 group leaders and this led towards the achievement of Strategic Objective 3 on promoting social and micro-enterprise knowledge and skills to 10,000 beneficiaries within the ADN by 2023. It also facilitated the attainment of SP Objective 1 on expanding the number of beneficiaries accessing financial inclusion services by 75,000 members within the A.D.N by enhancing member mobilization initiatives.



### Early lessons on building supportive culture and structure

- Embed guidelines/policies to the professional standards and the needs of the group members
- Create cross functional teams with overlapping responsibilities for members economic empowerment to communicate progress and identify synergies
- Develop a common vision/goal and message about the operation of groups to unit different activities across the scope and foster a culture of inclusion
- Advocate for gender equality in leadership by encouraging male and female leadership support.

### Trainings offered to groups in 2019



## AUDIT

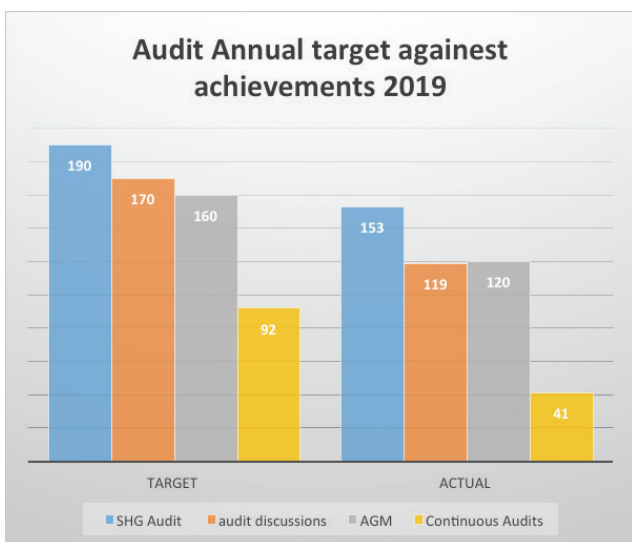


### Workshop photo at clergy homes

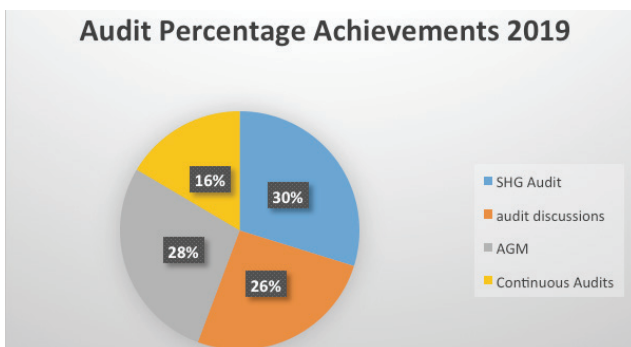
Audit is a process meant to ensure internal control systems are strong and assurance of safety to members' funds. Through this process we enhance self-reliance

amongst Group members by boosting their confidence hence they can save and borrow to invest in various projects. Our focus is to increase numbers of members accessing financial inclusion services and ensuring social integration in the programme.

**Audit Annual target against achievements 2019**



**Audit Percentage Achievements 2019**



During the year under review we had targeted to conduct 190 self-help group audits, 170 discussions, 160 A.G.Ms and 92 continuous audits for the year 2019. The actual 2019 audit were 153 groups, 119 audit discussions, 120 AGMs and 41 continuous audits.

- Through audits, audit discussions and AGMs, the members and community therefore giving management easy task of members recruitment due to increased awareness about the benefits of the groups.
- There has been improved risk management through structured and continuous audit, this has also minimized the the portfolio at risk.
- Through the leadership offered by the audit team, groups are now appreciating and allocating more resources for CSI Corporate social Investment (CSI)
- During audit discussions, we ensure all the identified gaps in relation to adherence to the set guidelines and policies are addressed vividly. This has greatly improved the internal control systems over time.



## Adherence to guidelines and policies

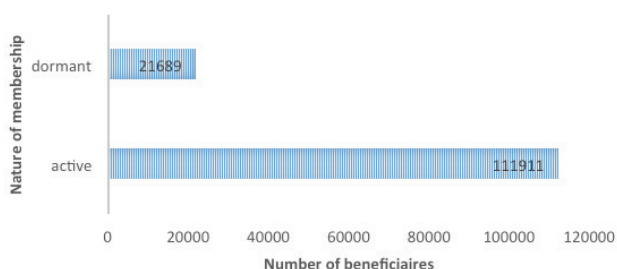
In a bid to enhance compliance to policies and guidelines, the office spend time in assessing the impact of Caritas Nairobi rules and regulations to our SHP members and finalizing the drafting of proposals for appropriate changes to existing guidelines and provisions. We took part in reviewing, analysing, summarizing, drafting and interpretation of Self-help programme

and other legal documents. The documents that were under review include; SHP Guideline 2020, SHP Credit Policy, SHP Finance and Procurement Policy, SHP Human Resource Policy, SHP ICT Policy, SHP KYC Policy, SHP Priest Hand Book, SHP Governance Manual and SHP Advisory Board Charter.

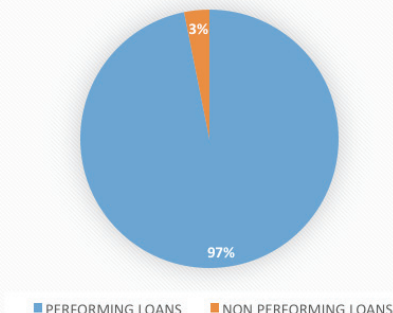
### Identified limitations during the period.

- Change of financial year ends among several Groups in alignment with the guideline. Change of financial year contribute to extension of the audit period hence delaying the A.G.Ms, this affected 11% of the groups.
- Suspected fraud in some Groups necessitating further investigation thus increasing the turn-around time. 14 groups, which constitutes 7% of the groups, were affected.
- Laxity from some management members of the Groups hence resulting to audit back logs. Failure to avail the books when needed, unavailability of management members to attend meetings and some groups are sabotaging the system migration process, were some of the challenges faced in this respect.
- 53% of the groups are not automated hence the turn-around time for conducting audit is longer.

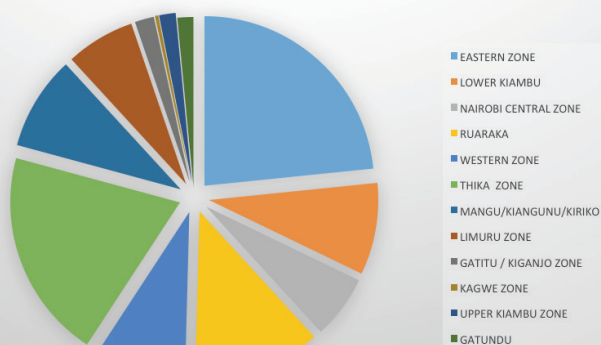
### 2019 ACTIVE VS DORMANT MEMBERS



### 2019 PERFORMING Vs NON PERFORMING LOANS



### Membership per Zone



### Making it better going forward

1. We shall partner with capacity building department to facilitate in the training of group staff member and members of management in addressing areas with capacity gaps.
2. We shall ensure a smooth transition in re-aligning the financial year ends to 31st December and also ensuring that any newly formed group conforms to the same year end.
3. Strengthening internal controls through continuous audits and partnering with risk and compliance department to resolve the pending issues.
4. We shall partner with capacity building and I.C.T department in creating awareness on the benefits of audit and automation and ensuring that the new management aspirants are qualified. There is need for replacement of the management who deliberately sabotage the automation process.
5. We shall identify the groups with potential for migration, recommend to them and partner with I.C.T department to ensure automation. All new groups to be automated before the launching of loan policy.

## II. GENDER AND PROGRAM

### Gender Report 2019

**OBJECTIVE 1:** Promote gender responsive interventions that will enhance gender equality and social inclusion within Nairobi and Kiambu Counties by 2023.

**OBJECTIVE 2:** Promote Youth integration in all Caritas Nairobi Programs for socio-economic empowerment and wealth creation.



The Gender and Youth Development Program has grown tremendously in the last five years 2014 -2019, and as the new Strategic plan comes to implementation (2019-2023), the Program has several projects, namely, the Social Development Program (SDP) for men, the Beacon Boys Program (BBP) and Promotion of Micro-finance Program (PROMIC). The Program being need based, will continue to come up with more projects in future. The Program's goal will remain to reach out to all genders and to focus on special needs to such as People Living with Disabilities (PLWD), Orphans and Vulnerable Children (OVC), PLWHIV/AIDS and any other gender specific issues.

**THE PROGRAM GOAL:** To promote equality and equity for all men and women, boys and girls to achieve holistic, sustainable development and social justice within the Archdiocese of Nairobi.

#### PROJECT OVERVIEW

The Gender and Youth Development Program responds

to 3 thematic areas namely; economic empowerment, social empowerment and Advocacy.

Under Economic empowerment, the Program facilitates savings and credit for women, youth and men within their groups in form of revolving funds. They also invest for socio-economic development of the groups and individuals. Business Entrepreneurship ventures and trainings are a part of the program's strategy in ensuring economic empowerment.

The Gender and Capacity Building Program has several projects that respond to different Gender issues. In 2018, the Program's Women empowerment program PROMIC responded to needs of 1,800 women while the youth Program (AYEP) responded to needs of 500 youth. The Social Development Program (SDP) reached out to 3,340 men with different interventions. The new Beacon Boys Program reached out to 1,535 boys and 1042 men. There are 2 main objectives in the Gender program.

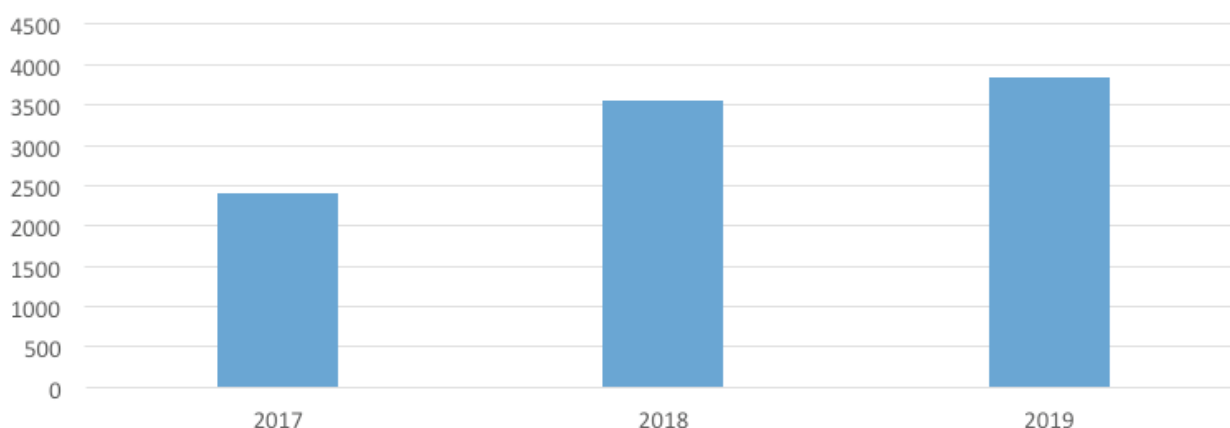
## ACMA Social Development Program (SDP)

The social development program (SDP) was established by Catholic men association and is implemented by Caritas Nairobi to front men as the Pillars of the Church, the Nation and the families.

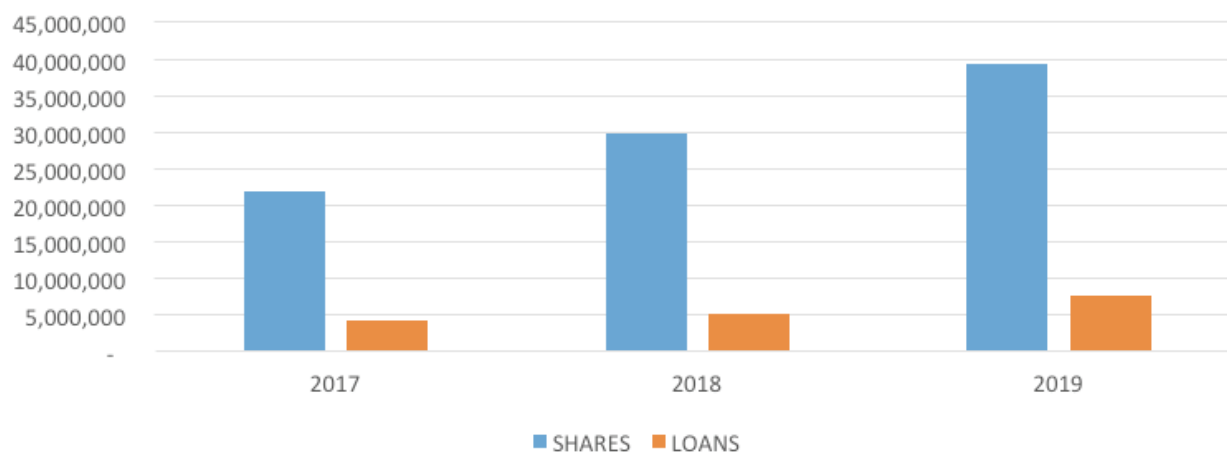
SDP aims to inspire, equip, and encourage men through social and economic empowerment that leads to greater opportunities to serve and lead others.

The SDP has seen growth from its inception with a growth of more than 3500 men and a share capital of more than 35m. The Program has a welfare component that caters for member's family in case of their demise. So far it has assisted more than 25 families with 50,000/= each. Access to credit has also been made easier for the men as they can take affordable loans at an interest of 0.83%. So far, members of SDP have accessed loans worth more than 7 Million as at 2019.

### MEMBERS GROWTH



### SHARES AND LOANS UPTAKE GROWTH



### Summary Growth Report in Figures.

	2017	2018	2019
Shares	21,857,066	29,712,117	39,264,288
Loans	4,123,784	5,032,792	7,492,162
Members	2400	3550	3844



## THE BEACON BOYS PROGRAM (BBP)



*Beacon Boys Program (BBP) club members receiving a talk during an hike to Ngong Hills*

The Beacon Boys Program (BBP) is a product of an already established men program known as Social Development Program (SDP). BBP's intention was to ensure a seamless transition of the boy child from childhood into adulthood. Though started in 2017, the program started in earnest, in 2018. The notion that the Boy child has been neglected in the family, society and in the entire nation was a huge concern and the church initiated the Beacon boys Program to address the concern. Through this Program, the Catholic Men Association, whose structure is very strong on the ground, took up the program as its custodian, but with Caritas Nairobi as the technical support arm in running the program. The Gender Program had to strengthen the existing structures in place by training facilitators/ mentors, develop a curriculum and learning materials. With an initial 14 Parishes and 1535 boys to start the pilot Program in 2018, there were 46 Parishes on board by the end of 2019, reaching out to more than 3500 boys.

During the year 2019, many activities were carried out and results were evident through forums held with the BBP mentors, CMA members and boys, some of these were captured as below.

### Programme Activity Results/achievements.

- Improved men participation in nurturing the boy child:** Older men were taking roles as mentors and custodians of cultural values, supporting boy child activities both financially and through participation, encouraging boys to be more involved in church by conducting joint activities such as team building, tag of war, Mass animation and football tournaments to create bonding, create confidence and build self-esteem, thus break barriers of fear.
- Increased father-son bonding experience:** Many Parishes reported this as a very powerful tool of mobilization and sustenance of the program, especially use of sports such as football. The Other activities reported were marathons, tug of war, acrobatics, poetry, music festivals, liturgical dances, environmental care (e.g. Kiriko Parish have tree nurseries), trips, retreats, team building in places like Karura, Matching/reciting of the pledge as discipline of a soldier, slaughtering of animals like goats. Walks, Bible trivia and watching movies such as the story of their Patron saint Don Bosco.

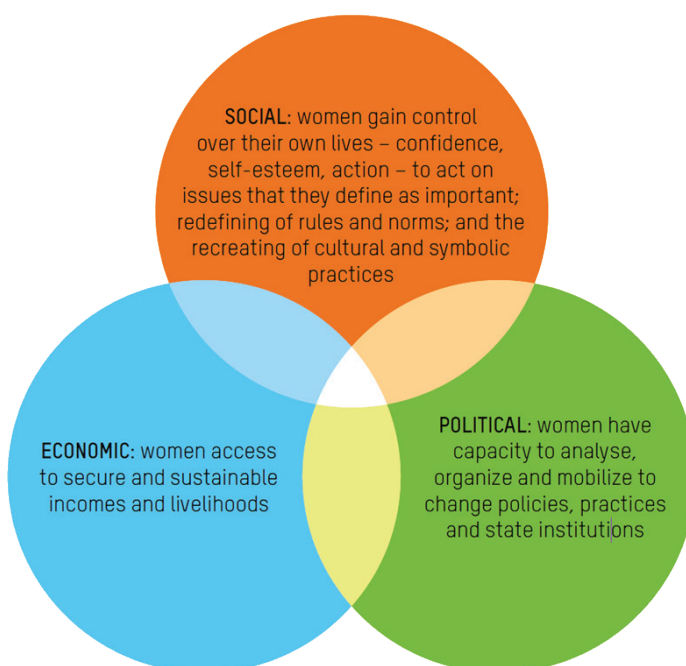
The Program mobilised resources to develop promotion/learning materials such as the Training manual, T-shirts, balls, brochures and banners.

- **Significant change/observation:**
  - Improved discipline of the boys
  - Increase in number of boys helping out in house chores
  - Parents willingly supporting and participating in BBP activities. Some even joined church groups (CMA/CWA) in support of their sons
  - 5 boys reportedly expressed desire to voluntarily join Minor seminaries, including the Muslim boy
  - Increased visibility and confidence of boys in church, e.g. participating in Prayers of the faithful, Jumua attendance, offering procession, Bible reading in Mass, participation in liturgical dances (as Archangels)
  - Men/fathers are also very visible in the boys' lives and are encouraging joint activities
  - Discovery of talent among boys in areas of music, dance and acrobatics
  - Boys are notably showing fondness, closeness and friendliness to the men/fathers by saying hello, wishing those good day and respectfully joking with them. The barriers caused by fear are slowly being replaced with appreciation.
  - Improved performance in school in some Parishes
  - Boys showing environmental concern and helping in clean ups and tree planting
  - Improved prayer life of the boys
  - Improved relationship between CMA/CWA/BBP. Some mothers of Beacon boys have joined CWA because of the changes they have seen in their boys through the program.

In 2017, a Caritas Dinner fundraiser was held in aid of the program, to help in its establishment. In 2018, another fundraiser was held to strengthen the program and finally in 2019, more funds were raised for sustainability of the program.

## PROMOTION OF MICRO ENTERPRISE (PROMIC)

Economically empowering women is key to reducing poverty, growing economies, and building healthy and safe communities. Affirmation of this statement was made when the world leaders adopted the 17 Sustainable Development Goals (SDGs) and committed to achieving gender equality and empowering women and girls. Caritas Nairobi's PROMIC program is informed by SDG 5 which aims to achieve gender equality by ending all forms of discrimination, violence and any harmful practices against women and girls in the public and private spheres. It also calls for the full participation of women and equal opportunities for leadership at all levels of political and economic decision-making.



PROMIC has impacted positively the lives of women and girls in the past year,

- There has been increased community empowerment savings and credit to promote self-reliance and poverty eradication. As at 2019, the share capital for the women groups had accumulated up to Kse 40,271,165 from Kse 37,319,551 the previous year 2018.
- To establish social economic activities in order to achieve sustainable development, members have taken group loans amounting to 7,385,101 in 2019 compared to 5,626,597 in 2018. This has also contributed to the mobilization of the resources towards social interventions.
- During the year under review the PROMIC develop structures and processes for effective and efficient service delivery where new PROMIC guideline



was launched which has gone a long way in addressing most of the strategic areas and improved service delivery.

- By increasing women's economic empowerment, they have been enabled to participate equally in existing markets, elevated their access to and control over productive resources, increased access to decent work, gained control over their own time, lives and bodies; and increased voice, agency and meaningful participation in economic decision-making at household levels and community levels.

- Through trainings the program has gone an extra mile of addressing the social and economic aspects of the members in areas of social security, social entrepreneurship, business planning and investment across the Archdiocese of Nairobi.

PARAMETER	2019 ACHIEVEMENTS
PROMIC Active membership	3000
Active groups	30
Share capital	40,271,165
Loans advanced to members	7,385,101



*PROMIC members giving their donation to support Orphans and Vulnerable Children.*



### III. RELIEF PROGRAM

#### II) RELIEF PROGRAM

Under relief strategic focus area, Caritas Nairobi aims to improve access to quality social services and humanitarian assistance to vulnerable beneficiaries within Archdiocese of Nairobi and beyond. During the year under review, a number of interventions including disaster reduction and response were employed.

The intervention seeds to build the capacity of communities to collectively address a common disaster risk and collectively pursue disaster risk reduction measures within the affected communities and beyond.

In 2019, just like many past years we experienced a dire drought that claimed a number of lives.



*His Eminence John Cardinal Njue flagging off food support; to hunger stricken Pokot community at Mji Wa Furaha Nairobi in 2019.*



It's important to know that droughts in Kenya adversely affect all sectors of the economy and the population at large. This is because it: i) affects water supply in both rural and urban areas, ii) leads to reduced hydropower generation and power rationing, iii) causes crop failures and reduced food security, iv) causes deaths of humans, livestock and wildlife, v) leads to job losses when industries shut down as resources get depleted, vi) causes the deterioration of human health due to malnutrition and poor access to quality water and vii) causes conflicts between communities and wildlife. The scorching effect of droughts also leads to environmental degradation – desertification and bio-diversity loss.

The dry weather experienced in Kenya in the 1st Quarter of year 2019 was attributed mainly to the under-performance of the October-November-December 2018

short rains in all parts of the country. As a result, many water sources dried up, pastures were depleted, and migration of animals and humans in search of water and pasture was observed especially in the ASAL areas.

In response to this disaster, Caritas Nairobi through other church structures i.e Kenya Conference of Catholic Bishops (KCCB), Archdiocese of Nairobi secretariat and its faithfuls coordinated the collection and distribution of food and non-food support to the affected people. 70 tons of food stuff valued at Kse. 7 million were flagged off to the most affected parts of Baringo County. A further Ksh. 1.9 Million in monetary donation was also received that was also donated to the needy people e.g Pregnant and lactating mothers, Children under 5 years, School going children, the elderly and the sick to cater for other social needs.

MAJOR CHALLENGES FACED	STRATEGIES ADOPTED FOR ADDRESSING THE CHALLENGES	LESSONS LEARNT
High numbers of vulnerable persons in need of food aid	<p>The Missions/Parishes to target the most vulnerable persons.</p> <p>Utilize other strategies like "food for work" to distribute the available food</p>	<p>Sustainable food security mechanisms, e.g. drought resistant agriculture, establishment of cottage industries for honey processing, etc should be gradually introduced to the communities.</p> <p>This requires a multi-sectorial approach.</p>



## IV. FOOD SECURITY WATER AND ENVIRONMENT PROGRAM



In year 2019 the program kept its focus on promoting agricultural activities that were socially acceptable ,economically viable and environmentally friendly. In total we worked directly with a total of 2900 beneficiaries in year 2019 and an estimated 10,000 beneficairies indirectly through various capacity building trainings /workshops.

### Linkages of farmers to financial services

We joined hands with self-help program and registered 1122 farmers into the self-help program .by farmers joining self-help it means they will benefit more from enhanced savings and credit and also benefit from capacity building offered by the self-help program.

### Provision of dairy markets to farmers

We also enhanced our marketing capabilities with en-



*Artificial Insemination activity in Kiambu County; under Milky Project aimed at improving small holder dairy farmers' livelihoods.*





*Milky Project beneficiary, milking his cow at his home in Kiamwangi.*

hanced agreement with processors, our farmers are now supplying milk direct to a processor and we have a negotiated contract that saw the farmers benefit from negotiated prices.

### **Improving dairy breed within the local scope**

Towards improving livestock breeds within Kiambu County a total of 960 inseminations were done and from this we had 341 calves.

### **Fodder management for improved dairy productivity**

In order to improve animal nutrition the program distributed 5,000 tonnes of fodder seeds to the farmers, the seeds include bomarodes, sunflower etc. each of the 2,000 farmers targeted planted the seeds in his/her farm. This also reduced purchases of fodder and also increased household incomes through increased milk due to better nutrition.

### **Increasing the capacity of farmers and enhancing the productivity of dairy cattle**

The program undertook a survey with university of Milan where an experiment was done on feeding systems. University of Milan prepared a report that was shared with the farmers on ways of improving feeding systems. Farmers reported improved yields with cows that were being milked 8 liters moving up to 15 litres. Farmers also reported less Labour due to timed feeding patterns introduced.

As a norm we continued with our usual trainings for farmers, trainings have played a key role in changing mind set of farmers especially relating to development of the dairy industry. Farmers had lost hope of the sector due to lack of support in the entire value chain including basic capacity building on how to produce milk or how to keep their cows. In the year under review we carried out 960 trainings ranging from how to build cow sheds, how to make feeds, livestock breeding etc.

### **Networking and collaboration**

The program also participated in various activities organized by Kiambu county government among them launch of National Agricultural and Rural Inclusive Project (NARIGP) which is a Government of Kenya and World Bank/ International Development Association (IDA) funded project. At least 12 groups from Caritas Nairobi Kiambu Dairy Project are also benefitting from this project through their dairy projects. Also we noted the dairy farmer leadership within NARIG Project was mainly from our former beneficiaries this showing that Caritas created a good foundation for our farmers.

At national level we also participated in critique of the national soil conservation policy event that was held in Embu County. Our contribution was directed by the Holy Father's call of Laudato Si on conservation of nature.





*Food is as important as energy, as security, as the environment. Everything is linked together.*

We also participated in various PELUM Kenya activities key among them training of our officers on Nature based enterprises (NBE).

### **Environmental conservation participation**

As part of environmental conservation we also distributed 7800 trees to various community members Kiambu.80 Trainings were also done on agroforestry.

In order to improve animal nutrition the program distributed 5,000 tonnes of fodder seeds to the farmers, the seeds include bomarodes, sunflower etc. each of the 2,000 farmers targeted planted the seeds in his/her farm. This also reduced purchases of fodder and also increased household incomes through increased milk due to better nutrition.

### **Milk processing unit**

In the year under review we started

construction of Caritas Dairy agro-processing centre to be based in Limuru. The centre will be receiving milk through 5 hubs which also are under construction in Mangu, Mutunguru, Thigio, Kiganjo and Gitithia. All the hubs are stationed inside church premises.



*Dairy Farmer in Ndaiya delivering their milk for value addition at a processing unit.*

# 4 SECTION 4

## OUR FINANCES

### FINANCE AND INVESTMENT REPORT

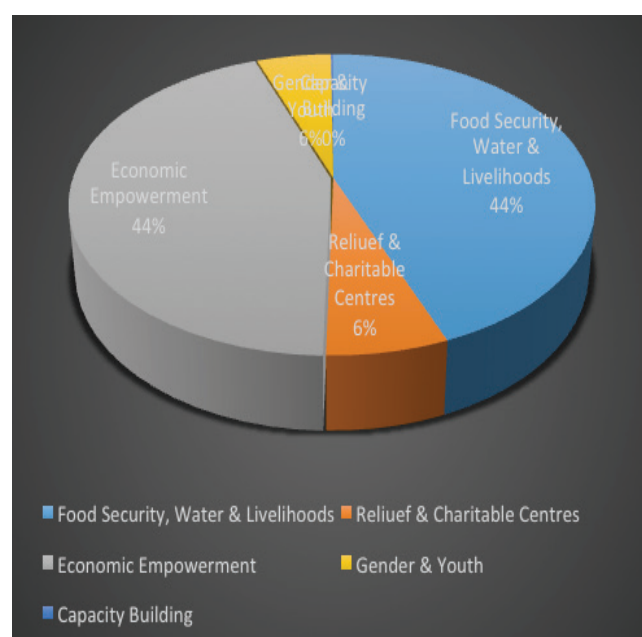
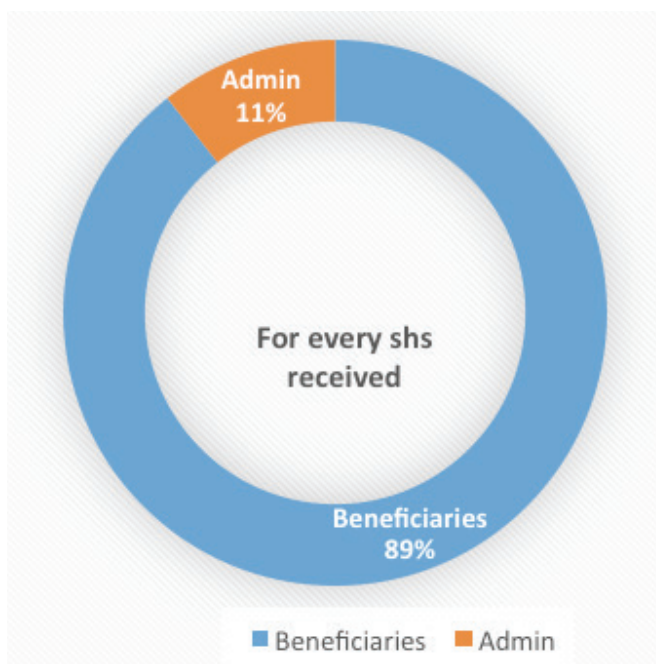
In 2019, Caritas Nairobi Program funding amounted to Kshs 196.7M from the previous 169.9M, a budget growth of 15.7%. This Financial aid was heavily towards; Food security water and environment 35.6% and Economic Empowerment 34.5%.

Our local and international partners have continued to offer us support towards our Annual Emergency appeals, through Financial and nonfinancial donations. In 2019, The Emergency appeal was geared toward relieving the drought crisis within the country of which 5.5% of the total budget was allocated to it.

In support of our key thematic areas, the Financial Funding was allocated as follows

#### 2019 Incomes allocation

#### 2019 Programme's Expenditures



## FINANCIAL STATEMENTS YEAR ENDED 31ST DECEMBER 2019

<b>CARITAS NAIROBI</b>									
ARCHDIOCESE OF NAIROBI SOCIAL PROMOTION REGISTERED TRUSTEE									
CONSOLIDATED STATEMENTS OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31 DECEMBER 2019									
	FOOD SECURITY	RELIEF & CHARITABLE CENTRES	ECONOMIC EMPOWERMENT	GENDER & YOUTH DEV.	CAPACITY BUILDING	FINANCE AND ADM.	CARITAS MFB	TOTAL 2019	TOTAL 2018
RECEIPTS	KSHS	KSHS	KSHS	KSHS	KSHS	KSHS	KSHS	KSHS	KSHS
Balance B/F	19,647,191	(223,755)	656,222	5,216,960	293,944	6,673,323	-	32,263,886	8,858,459
Grants	37,243,542	1,682,154	-	-	-	-	-	38,925,696	63,793,101
Local Contributions	21,266,802	9,188,317	56,813,008	10,826,005	-	14,110,733	13,350,000	125,554,864	97,262,333
<b>TOTAL RECEIPTS</b>	<b>78,157,535</b>	<b>10,646,716</b>	<b>57,469,230</b>	<b>16,042,965</b>	<b>293,944</b>	<b>20,784,056</b>	<b>13,350,000</b>	<b>196,744,446</b>	<b>169,913,893</b>
PAYMENTS									
Payments	70,122,461	10,169,722	55,941,623	7,633,618	-	16,117,504	13,350,000	173,334,928	131,115,212
<b>TOTAL PAYMENTS</b>	<b>70,122,461</b>	<b>10,169,722</b>	<b>56,813,008</b>	<b>8,650,031</b>	<b>-</b>	<b>16,117,504</b>	<b>13,350,000</b>	<b>175,222,726</b>	<b>134,762,211</b>
<b>BALANCE CARRIED FORWARD</b>	<b>8,035,074</b>	<b>476,994</b>	<b>656,222</b>	<b>7,392,934</b>	<b>293,944</b>	<b>4,666,552</b>	<b>-</b>	<b>21,521,720</b>	<b>35,151,682</b>



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# KIGUNDU AND COMPANY

CERTIFIED PUBLIC ACCOUNTANTS (KENYA)

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NAIROBI

TEL: +254 0719-151671/0739-707274  
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## Opinion

We have audited the accompanying financial statements of CARITAS NAIROBI - ARCHDIOCESE OF NAIROBI SOCIAL PROMOTION REGISTERED TRUSTEE set out on pages 6 -25 which comprise the statement of financial position, as at 31 December 2019 and the statement of comprehensive income, changes in equity and statement of cash flows for the year then ended and a summary of significant accounting policies and other explanatory notes.

In our opinion the financial statements give a true and fair view of the state of the financial affairs of the Caritas Nairobi as at 31 December 2019 and of the results of its operations and cash flows for the year then ended and in accordance with International Financial Reporting Standards.

## Basis of Our Opinion

An audit involves performing procedures to audit evidence about the amount and disclosures in the financial statements. The procedures selected depend on our judgment including the assessment of the risks of the material misstatement of the financial statements whether due to fraud or error. In making those risks assessments we considered the internal controls relevant to the Caritas preparation of the financial statements that give a true and fair view in order to design audit procedures that were appropriate in the circumstances but not for the purpose of expressing an opinion on the Caritas Internal Controls. An audit also includes evaluating the appropriateness of accounting policies used and reasonableness of accounting estimates made by the board of directors, as well as evaluating the overall presentation of financial statements.

We believe that the audit evidence that we have obtained is sufficient and appropriate to provide a basis of our audit opinion.


## Board of Management's Responsibility for Financial Statement

As described on page 3, the Board of Management is responsible for the preparation of the financial statements that give a true and fair view in accordance with International Financial Reporting Standards and for such internal control as board determines are necessary to enable the preparation of financial statements that are free from material misstatement whether due to fraud or error.

## Auditors' Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with International Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance that the financial statements are free from material misstatement.

The engagement partner responsible for the audit resulting in this independent auditors' report is CPA, Joseph Kigundu - Practicing Certificate No.0279.

  
Certified Public Accountants  
Nairobi  
9<sup>th</sup> OCTOBER 2020

## 5

## SECTION 5

### OUR OTHER IMPORTANT INFORMATION

#### ACKNOWLEDGMENTS & THANK YOU

- Catholic Relief Services
- Missio
- Trocaire
- Misereor
- Caritas Italiana
- Hand in Hand
- CELIM
- UNHCR
- Caritas Germany
- Among Others

#### CORPORATE & COMMUNITY PARTNERS.

- Britam
- ICEA Lions
- Stanlib

#### HOW YOU CAN HELP

Volunteer your time, Make a donation, Become a corporate partner, Support an event or fundraising activity today; Use the details provided below to contact us.

Or Make a donation through; Safaricom Pay-bill number: 899790, Account number 1002022000003

#### FUNDING PARTNERS











Contact Us

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